Strategies for Home and the Classroom:

Kids that are not engaged or ready to learn

Class job or chore at home	Jumping jacks	Cold water (try adding lemon)	Stretching
Increase use of the senses (add movement, taste, visual information, smells, and sounds to your lesson)	Sour candy or gum	Bounce on therapy ball	Go for a walk

^{*} These strategies are general and not specific to any student. If you have specific questions or concerns please contact the Occupational Therapy Department.